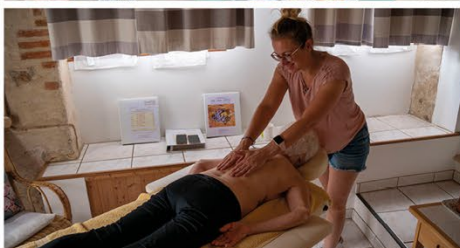


Well-being

5,12,26 April; 10,17,24,31 May; 7,14,28 June; 5,12,26 July;
2,9,16,23,30 August; 6,13,20 September; 11,18,25 October

A six-night holiday, Sunday to Saturday



Your week will include some or all of the following:

Spaces are limited for 2026 so book NOW

10% EARLY BOOKING DISCOUNT FOR DEPOSITS PAID BY NOV 30 2025

- ❖ Visit us and chill by our stunning pool, enjoy fresh healthy meals and read some of our 1000+ books
- ❖ Learn about bee-keeping and play a role in looking after our hives (not essential)
- ❖ Enjoy spending time with our therapy dogs, calm and gentle Bernese Mountain Dogs who love accompanying you on walks, being groomed and fussed or just listening to your stories
- ❖ Go for quiet and reviving walks in the local countryside, surrounded by nature, wildlife and birds
- ❖ Enjoy a relaxing beauty treatment during your stay, maybe a massage, pedicure, manicure or facial (inc in your cost)
- ❖ Visit the beautiful Marais Poitevin for a two-hour calming boat trip through the canals known as 'the green Venice' with your own private guide
- ❖ Visit a local medieval village and enjoy tasty and savoury French galettes
- ❖ Go to a local market, wander the stalls and taste local cheeses
- ❖ Enjoy three yoga and mindfulness sessions with our wonderful, qualified tutor Josie

Pricing

No single supplement • Pets welcome

€1850 fully inclusive

(all meals, drinks and activities as described above).

Easy to reach from Niort railway station, Poitiers, La Rochelle or Nantes airports or drive yourself from any of the Channel ports

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“Thank you for a wonderful week of amazing food, relaxation, lovable dogs and great trips with such lovely hosts. Your friendship and hospitality was amazing and we truly felt like family. You will be missed and we hope our paths will cross again in the future”

Rod and Chris, Kansas City, USA

For more information visit www.moulinholidays.com

Call us on whatsapp on +44 7984 090560 or email info@moulinholidays.com to book